



December 2022

Spirituality at ACU

Ignatian spirituality is an outward-moving spirituality which naturally engages with all the big questions and challenges of our time. It has a rich and deep tradition, and is adaptable to a wide variety of ministries.

Deeply engaged in the Ignatian tradition, spiritual direction is the process and practice through which a skilled individual supports another person to grow in relationship with God, and in their own spirituality. It is the practice of being in spiritual conversation with people as they deepen their relationship with the divine.



[Learn more about spirituality at ACU >>](#)

Newly revised courses in spiritual direction



Master of Spiritual Direction

A coursework degree for those with a background in theology and an interest in developing a specialisation in spiritual direction. You will develop knowledge, understanding and advanced skills suited to the ethical, self-aware and safe practice of spiritual direction in the Ignatian tradition, normally in Christian contexts.

[**Find out more >>**](#)

Graduate Diploma of Spiritual Direction

For those who are interested in becoming a spiritual director, but do not have formal background in theology. Drawing from the Ignatian spiritual tradition, this course provides the theological, spiritual, psychological and ethical frameworks, as well as practical skills necessary to undertake spiritual direction as a ministry.

[**Find out more >>**](#)

Announcing the Ignatian Camino: 15 September to 7 October 2023



Walk the route taken in 1522 by Inigo Lopez de Loyola (who later became Saint Ignatius of Loyola). The camino will commence in Spain's Basque Country, and will conclude in the town of Manresa, near Barcelona.

This 20-day pilgrimage will offer participants periods of silence, prayer, personal reflection, spiritual conversation, and sharing in small groups.

Led by Michael Smith SJ, a Jesuit priest originally from New Zealand. Michael is a spiritual director, pastoral counsellor, and also teaches in the [Master of Spiritual Direction](#) at ACU.

[Contact us for details and to register your interest >>](#)



Develop practical skills, and sophisticated supervision frameworks to understand your practice



Explore the Graduate Diploma of Supervision

Our contemporary social and cultural contexts reveal the need for accredited supervision of those working in ministry, clinical and leadership settings. This graduate degree enables you to develop advanced knowledge and skills suited to ethical, self-aware and safe practice of the supervision of individuals and groups across a number of fields, including health care, aged care, education and social service settings. Graduates may be eligible to apply for membership with the Australasian Association of Supervision (AAOS). [Find out more >>](#)



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